

Sofie Dollison

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EDUCATION & CERTIFICATION

The University of Iowa, Iowa City, IA

Master of Public Health with Concentration in Community and Behavioral Health

Spring 2022

B.S. with Honors and Highest Distinction Public Health, Nonprofit Management Certificate

December 2020

PROFESSIONAL EXPERIENCE

University of Iowa Institute for Public Health Practice, Research and Policy, Iowa City, IA 52245

Project Coordinator

May 2022 – Present

- Developed online, interactive family-centered health education intervention through adaptation of classroom-centered programming and collaborated with pediatricians and community-based organizations to implement the intervention.
- Established and maintained effective relationships with providers and organizations implementing the intervention.
- Designed intervention evaluation plan to measure outcomes including, process metrics, knowledge change, and behavior change, to ensure program objectives are met.

Healthy LifeStars At Home Project Coordinator

May 2021 – May 2022

- Developed online, interactive family-centered health education intervention through adaptation of classroom-centered programming and collaborated with pediatricians and community-based organizations to implement the intervention.
- Established and maintained effective relationships with providers and organizations implementing the intervention.
- Designed intervention evaluation plan to measure outcomes including, process metrics, knowledge change, and behavior change, to ensure program objectives are met.

Video/Virtual Lesson Project Coordinator

July 2020 – May 2022

- Led short-term and long-term program adaptation to COVID-19 from concept to execution.
- Organized the creation of 40 thirty-second social media videos that focused on the mission of the organization to maintain connection with participants in a virtual setting.
- Completed content creation, editing, script adaptation, and filming of 10 video lessons replacing on-site programming.
- Managed a team of 2-3 students through effective leadership to develop 20 additional video lessons.

Assistant Program Coordinator

June 2019 – May 2022

- Presented evaluation-based program adaptations at the 2020 Iowa Governor's Conference on Public Health.
- Collaborated with fellow National Planning Committee members to identify areas of success and areas needing improvement to enhance the program.
- Aided in the completion of weekly programming duties, and the planning and execution of annual fundraising events.
- Managed social media accounts through content creation and organizing a strategic timeline for content release.

Administrative Intern

January 2019 – May 2019

- Created a policy and procedure manual for the entirety of the Healthy LifeStars program that will be used nationwide.
- Developed and executed the promotional strategy used to increase donations and participation in the fundraising event.
- Delivered the intervention programming in an afterschool setting as the Head Coach on site every week.
- Gained knowledge and experience with implementing a pilot childhood obesity prevention program.

Environmental Health Sciences Research Center, University of Iowa, Iowa City, IA 52245

Community Engagement Core Graduate Research Assistant

January 2022 – May 2022

- Executed six educational events in rural communities by utilizing interpersonal communication, prioritization, and project planning skills to partner with community stakeholders and coordinate academic speakers.
- Managed distribution of and analyzed evaluation survey to improve the quality of the educational outreach events.

LEADERSHIP & INVOLVEMENT

Center for Disabilities and Development – University of Iowa Hospitals and Clinics, Iowa City, IA 52242

Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Graduate Trainee

August 2021-May 2022

- Gained knowledge in policy and advocacy, culturally competent care, family-centered care, meeting the needs of underserved populations, and creating coordinated healthcare and related services systems.
- Conducted a research project to increase understanding of professor assumptions on students with accommodations.
- Developed, distributed, and analyzed results from a randomized quantitative survey using vignettes to assess stigma.

University of Iowa College of Public Health, Iowa City, IA

Spring 2020, November 2020, and November 2021

Global Public Health Case Competition

- Developed and presented a multi-pronged, cost-effective chronic condition intervention that would leverage community leaders and create community cohesion to prevent and improve outcomes of chronic conditions in Chiapas, Mexico.
- Achieved first place twice in the university wide interdisciplinary competition with proposed intervention.