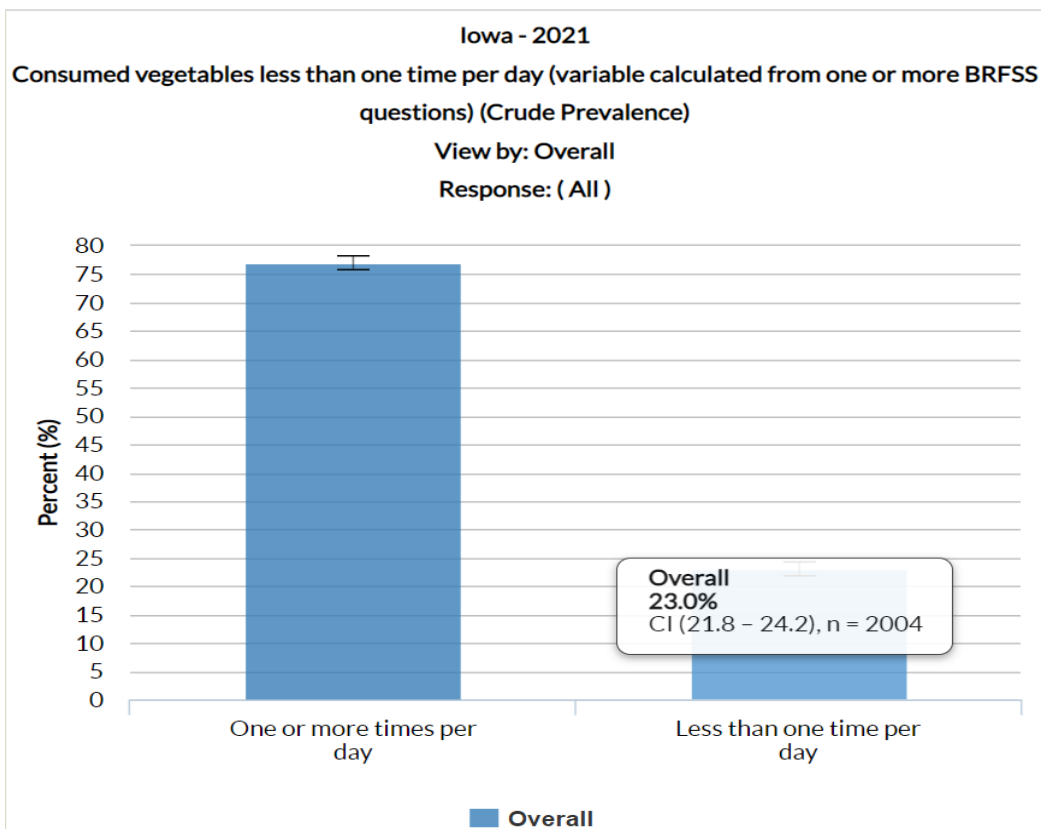


Bite Snack Meal Activity Data Sheet



Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Iowa - All available years
Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)
View by: Overall
Response: (All)

	One or more times per day	Less than one time per day
2021		
Percent (%)	77.0	23.0
95% CI	75.8 - 78.2	21.8 - 24.2
n	6546	2004
2019		
Percent (%)	77.3	22.7
95% CI	76.2 - 78.3	21.7 - 23.8
n	6805	1940
2017		
Percent (%)	80.7	19.3
95% CI	79.6 - 81.8	18.2 - 20.4
n	5682	1290

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Bite Snack Meal Activity Data Sheet

Iowa - 2021

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

View by: Gender

Response: (All)

	Male	Female
One or more times per day		
Percent (%)	74.3	79.7
95% CI	72.6 - 76.0	78.1 - 81.3
n	3125	3421
Less than one time per day		
Percent (%)	25.7	20.3
95% CI	24.0 - 27.4	18.7 - 21.9
n	1105	899

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Iowa - 2021

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

View by: Education Attained

Response: (All)

	Less than H.S.	H.S. or G.E.D.	Some post-H.S.	College graduate
One or more times per day				
Percent (%)	61.0	72.2	79.2	83.9
95% CI	55.4 - 66.6	70.0 - 74.5	77.2 - 81.2	82.2 - 85.6
n	323	1827	1967	2411
Less than one time per day				
Percent (%)	39.0	27.8	20.8	16.1
95% CI	33.4 - 44.6	25.5 - 30.0	18.8 - 22.8	14.4 - 17.8
n	248	742	526	480

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Iowa - 2021

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

View by: Age Group

Response: (All)

	18-24	25-34	35-44	45-54	55-64	65+
One or more times per day						
Percent (%)	69.0	78.0	77.2	77.3	78.5	79.4
95% CI	64.6 - 73.4	74.7 - 81.2	74.2 - 80.2	74.5 - 80.2	76.0 - 81.0	77.5 - 81.2
n	462	687	884	987	1193	2333
Less than one time per day						
Percent (%)	31.0	22.0	22.8	22.7	21.5	20.6
95% CI	26.6 - 35.4	18.8 - 25.3	19.8 - 25.8	19.8 - 25.5	19.0 - 24.0	18.8 - 22.5
n	235	222	260	308	368	611

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)