

12:45 – 01:45	<p>Afternoon Session #1</p> <ul style="list-style-type: none"> • Cultivating Mindful Eating Habits Among Preschoolers: Assessing the Impact on Childhood Obesity • Yingcen Xie, MS, Hannah Lalonde, & Jiyang Ling
01:45 – 02:45	<p>Breakout Session #2</p> <ul style="list-style-type: none"> • Sowing Wellness: Cultivating Lifelong Health through Farm to ECE • Meagan Shedd, PhD • Worthy: Raising Body Positive Children, The Power of Kindness- • JoAnn Stevelos, MS, MPH
02:45 - 03:00	<p>MOVEMENT BREAK</p>
03:00 – 04:00	<p>Breakout Session #3</p> <p>Option 1 (3:00-3:30):</p> <ul style="list-style-type: none"> • Skills Based Health Education • Lyn Jenkins • A Tiered Approach to Overcoming Mealtime Challenges in Early Childhood • Yev Veverka, PhD, BCBA-D <p>Option 2 (3:30-4:00):</p> <ul style="list-style-type: none"> • Deploying the CDC's Spectrum of Opportunities Framework in Indiana • Megan McKinney Cooper, BFA, MFA • Culinary Medicine Practicum: Serving Students and Food Pantry Clients • Kathy Mellen, PhD, RD, CSSD, LD
04:00 – 04:30	<p>Afternoon Session #2</p> <ul style="list-style-type: none"> • Healthy LifeStars (HLS): Empowering Kids Through Health Education • Josie Hentzen, MPH, CHES, Sofie Dollison-McGill, MPH, CHES, & Ellie Behrens
04:30 – CLOSING	<p>CLOSING</p>

