

SCHEDULE

IMPROVING HEALTH OUTCOMES THROUGH PREVENTING CHILDHOOD OBESITY CONFERENCE

TUESDAY, JANUARY 14TH, 2025

08:30 – 09:00	Opening Address <ul style="list-style-type: none">• The Current State of Childhood Obesity and Highlights of Select Strategies and Collaborations That May Achieve Greater Impact• Vickie Miene, MS, MA, LMHC
09:00 – 10:00	Keynote Address <ul style="list-style-type: none">• Addressing Childhood Obesity through Light Physical Activity• Christina Collins, Doctoral Candidate & Rhonda Clements, Ed.D
10:00 - 10:15	MOVEMENT BREAK
10:15 – 11:15	Breakout Session #1 <ul style="list-style-type: none">• Tools for Schools: Dish up healthy and delicious school meals• Catherine Cochran, MA & Marlene Schwartz, PhD• Focus on Fitness• Scott Taylor, BS, MS
11:15 – 12:15	Morning Session #1 <ul style="list-style-type: none">• Beyond BMI: Healing the Wounds of "Obesity"• Hanah Cytron & Colleen Doak, PhD
12:15 – 12:45	Lunch Break and Prerecorded Poster Sessions <ul style="list-style-type: none">• Addressing Feeding Concerns in Children & Understanding Individualized Approaches to Nutrition Therapy• Jami Rokala, MS, RDN, LD, CLC, CMP, CCNP• Cultural Eating Differences: Addressing Feeding Challenges in Multi-Cultural Families• Sarina Murrell, MS• Nebraska Extension Marathon Kids: Influencing Health - Body and Mind• Mariah Newmyer, MPH• Rusty's Cooking Club: An Innovative Strategy to Encourage Preschoolers to Try New Foods• Mary Schroeder, MPH, RD, LDN & Kelly Kunkel, MS, MCHES