

# IOWA

Institute for Public Health  
Practice, Research and Policy

# Visualize This

## Storytelling With Data

### Session 3



# Visualize This – Storytelling with Data



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Institute for Public  
Health Practice, Research  
and Policy

**Training provided in partnership with the Institute for Public Health Practice, Research and Policy through a contract from the Iowa Department of Health and Human Services**



# Data Training Opportunities

**Data Basics**

**Tackling Data**

**Visualize This**

**Disaggregate It**

**Check out our website  
to see upcoming  
training dates!**



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# Visualize This Resources – IHHS



## Training Resources



### Iowa Public Health Tracking Portal – HPV Workbook

Visit the HPV Workbook page from the Iowa Public Health Tracking Portal to view the HPV data for the training.

[VIEW THE HPV WORKBOOK](#)



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# Course Objectives

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By the end of this course, participants will be able to:

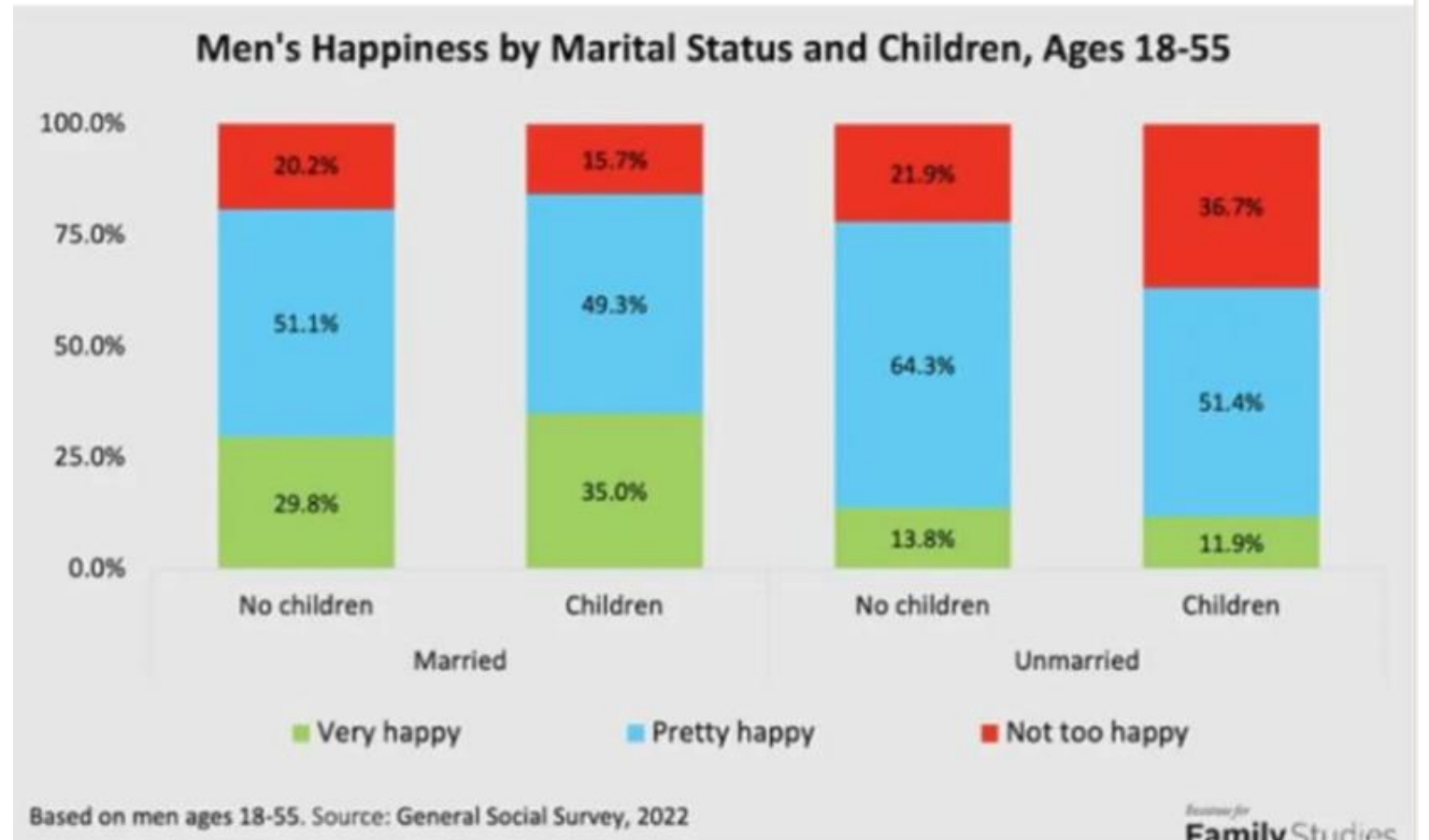
- Summarize the basics of communication theory
- Select strategies for creating effective messages, charts, and graphs.
- Access publicly-available resources that can be used for data visualization



## Let's Practice!

- Storytelling with data is an important piece of the work that we do.
- Any comments on this?

Married men with children are the happiest men. Get married. Have a ton of kids. Invest in your family. You'll never regret it.

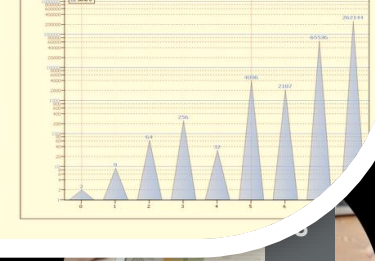
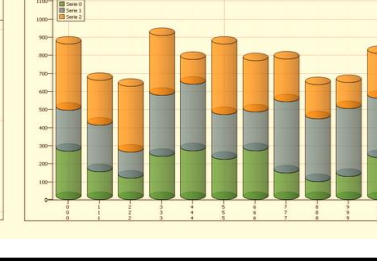
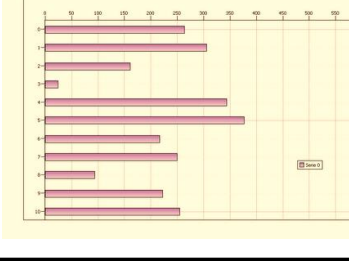
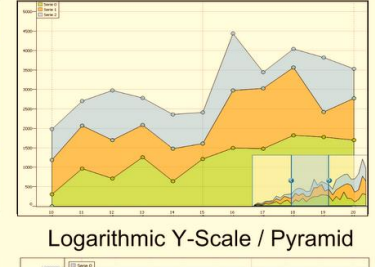
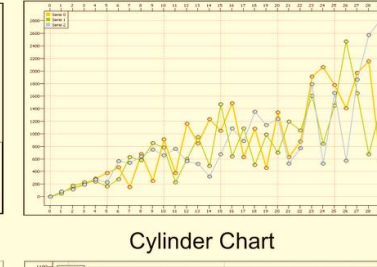
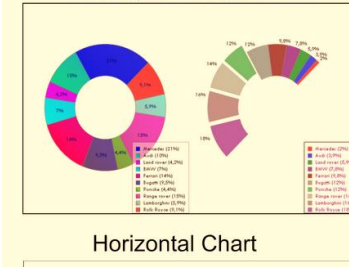
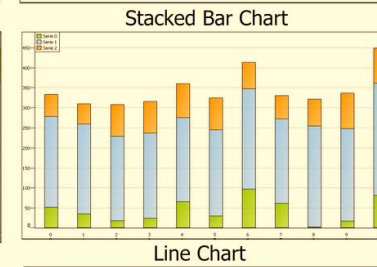
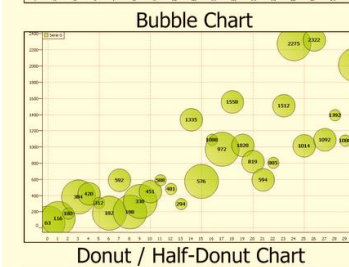
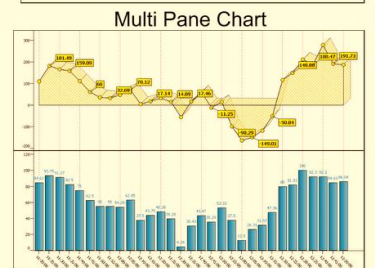
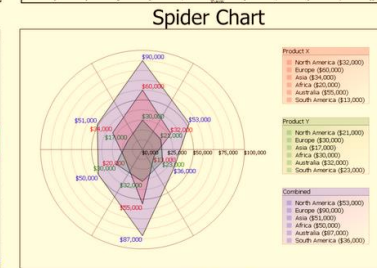
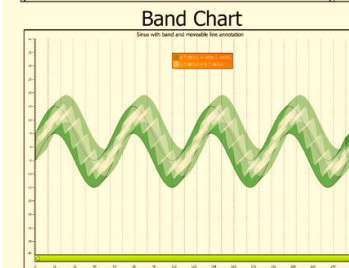
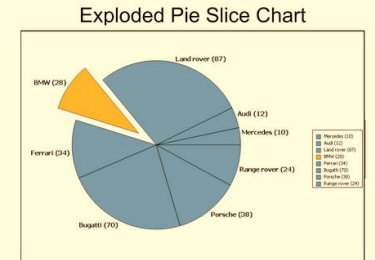




# Small Group Activity #1

10 minutes

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# Small Group Activity – 10 minutes

In your breakout groups,

- Share the rough sketch of your data visualization
- Remind group members of your target audience and the message you want to convey
- What is the key takeaway from the chart?
- What is the most appropriate chart type for your data?





# OVERALL VIZ CONSIDERATIONS

- The chart highlights the most important finding
- Use the most appropriate chart type for the data you have (check out the chart choosers)
- Use the level of precision that your audience requires (only scientists get excited about decimal points)
- Create something meaningful—do not use defaults (EXCEL is your friend)
- Your use of color, text, graphics, arrangement all support what you want to communicate to your audience.
- Bring people centeredness into your visualization!



# Data visualization checklist


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- Part of learning how to create your own great charts is learning how to critique other people's charts!
- Let's use Stephanie Evergreen's Data Visualization Checklist to get started! (you can find it on the Course resource page)



# DATA VISUALIZATION CHECKLIST

This checklist guides the development of high-quality data visualizations. Rate each aspect of the data visualization by circling the most appropriate number, where 2 points means the guideline was fully met, 1 means it was partially met, and 0 means it was not met at all.

n/a should not be used frequently, but reserved for when the guideline truly does not apply. For example, a pie chart has no axes lines or tick marks to rate. If the guideline has been broken intentionally to make a point, rate it n/a and deduct those points from the total possible. Guidelines particularly helpful for accessibility are marked with 

Refer to the Data Visualization Anatomy Chart on the last page for guidance on vocabulary and the Resources at the end for more assistance.

## TEXT

Graphs don't contain much text, so existing text must encapsulate your message clearly and concisely.

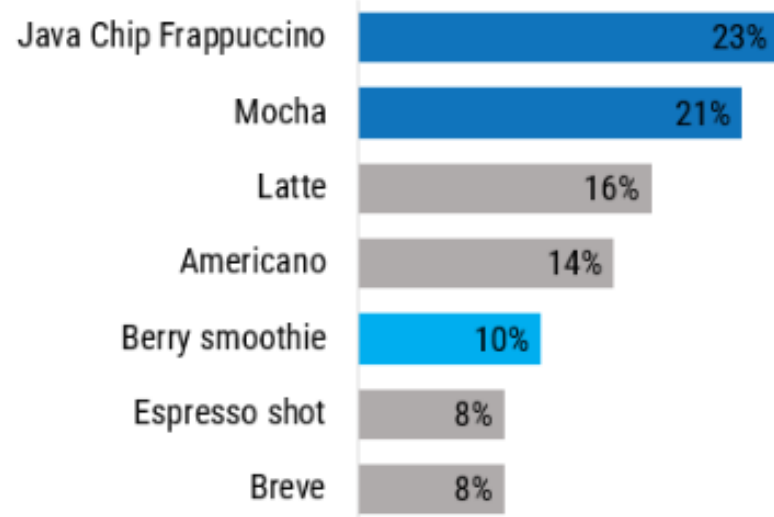
Guideline	Description	Rating			
8-20 word descriptive title is a full sentence, left-justified, in upper left	Rather than a generic phrase, use a full, descriptive sentence that encapsulates a takeaway message about the graph's finding or "so what?" When communicating to Western cultures put the title in the upper left. Not centered.	2	1	0	n/a
Subtitle and/or annotations provide additional information	Subtitles and annotations can add explanatory and interpretive power to a graph. Use them to answer potential viewer questions or to highlight specific data points. Annotations only count if they're within the graph, not in a paragraph around it.	2	1	0	n/a
Text size is hierarchical and readable	Titles are a larger font size than subtitles or annotations, which are larger than labels, which are larger than source information. The smallest text is at least 9-point font size for arm's length reading, at least 20 for large room reading.	2	1	0	n/a

# Using the Checklist

## Before the Checklist

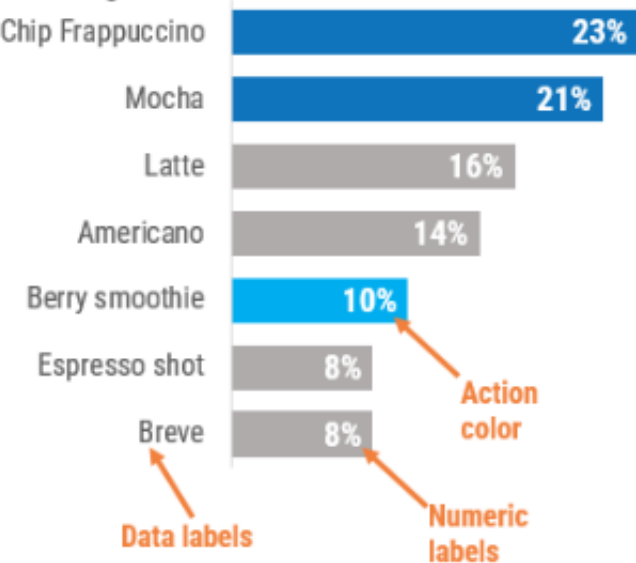
Coffee preferences focus on chocolate-based drinks.

*One in ten fellow attendees do not consume caffeine in their preferred morning drinks.*



## After the Checklist

**Coffee preferences focus on chocolate-based drinks.**  
One in ten fellow attendees **do not consume caffeine** in their preferred morning drinks.



# Example – Obesity in Public Health Region 6

Public Health Region	County	Adult obesity				Population	% below 18 years of age	% 65 and older	% Non-Hispanic Black		% American Indian & Alaska Native		% Asian		% Native Hawaiian/Other Pacific Islander		% Hispanic		% Non-Hispanic White	
		% Adults with Obesity	95% CI - Low	95% CI - High	Z-Score		Population	% Less Than 18 Years of Age	% 65 and Over	# Black	% Black	# American Indian & Alaska Native	% American Indian & Alaska Native	# Asian	% Asian	# Native Hawaiian/Other Pacific	% Native Hawaiian/Other Pacific	# Hispanic	% Hispanic	# Non-Hispanic White
Public Health Region	1 Bremer	35	28	42	-0.05	26234	21.1	19.0	302	1.2	Public Health Region	OB	% Adults with Obesity	95% CI - Low	95% CI - High	Z-Score				
	1 Carroll	37	31	44	0.46	9668	21.3	23.5	228	2.4										
	1 Cass	33	26	40	-0.68	20165	24.5	20.7	245	1.2										
	1 Davis	31	24	39	-1.02	93453	27.4	12.1	2342	2.5										
	1 Grundy	34	27	42	-0.42	8888	22.9	22.5	41	0.5										
	1 Guthrie	38	30	46	0.53	12232	22.7	21.2	67	0.5										
	1 Hancock	34	26	43	-0.29	14773	22.8	21.0	165	1.1										
	1 Harrison	37	30	45	0.31	16846	19.5	22.6	248	1.5										
	1 Jefferson	30	24	38	-1.24	37185	22.1	19.5	822	2.2										
	1 Mills	31	25	38	-1.02	39369	25.3	18.5	761	1.9										
	1 Pottawattami	42	39	46	1.57	490161	24.7	13.5	34140	7.0										
	1 Ringgold	32	24	42	-0.80	18504	19.6	21.4	285	1.5										
	1 Tama	33	27	41	-0.49	97117	16.5	12.6	2824	2.9										
	1 Taylor	34	25	43	-0.32	16854	24.0	19.9	128	0.8										
	1 Washington	33	26	39	-0.71	51466	24.6	16.0	456	0.9										
	1 Winnebago	40	32	49	1.13	35904	21.6	18.8	1606	4.5										
	2 Appanoose	45	35	53	2.22	13687	23.5	23.5	207	1.5										
	2 Buchanan	39	32	45	0.75	25062	22.4	19.9	288	1.1										
	2 Calhoun	35	28	44	-0.05	14439	22.2	22.9	44	0.3										
	2 Cherokee	35	28	43	-0.08	42450	20.8	22.3	819	1.9										
	2 Clarke	40	30	50	1.13	11933	23.4	21.2	65	0.5										
	2 Fayette	39	32	46	0.75	9208	20.3	21.6	107	1.2										
	2 Floyd	43	36	50	1.83	19650	21.0	21.5	296	1.5										
	2 Franklin	48	40	57	3.00	15642	22.8	22.2	433	2.8										
	2 Fremont	36	28	44	0.17	10070	23.3	21.4	67	0.7										
	2 Hardin	41	34	48	1.35	10630	22.0	22.8	89	0.8										
	2 Humboldt	32	24	41	-0.75	9158	24.9	20.9	57	0.6										
	2 Ida	32	23	41	-0.88	9558	23.4	22.1	71	0.7										
	2 Lee	39	33	44	0.75	14813	22.0	24.4	148	1.0										
	2 Monona	33	25	42	-0.49	10586	23.7	21.4	56	0.5										
	2 Winneshiek	31	25	38	-1.00	10354	21.8	22.0	147	1.4										
	2 Woodbury	35	31	39	-0.15	19991	18.5	21.1	157	0.8										
2 Wright	38	31	47	0.72	7381	20.7	20.9	60	0.8											
3 Butler	33	27	40	-0.54	19620	25.7	16.7	565	2.9											

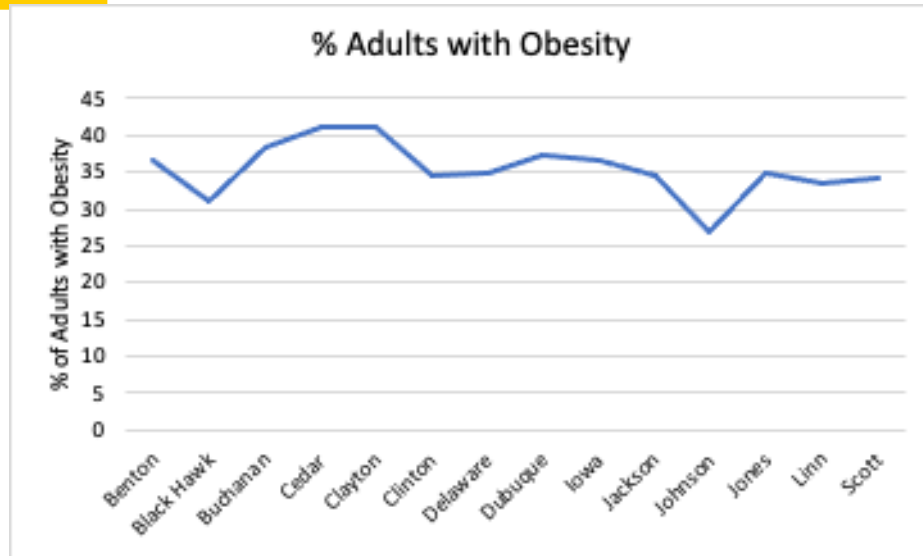
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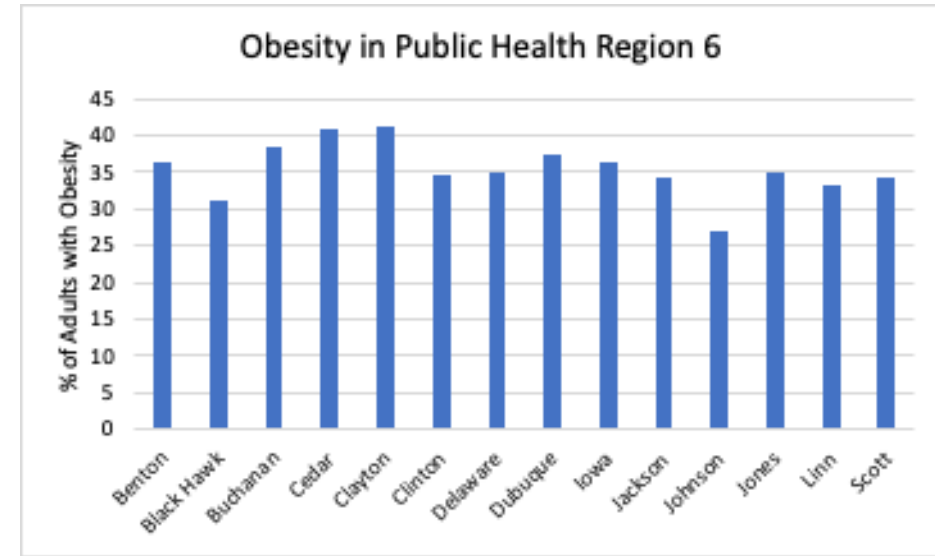


# Example – Obesity in Public Health Region 6

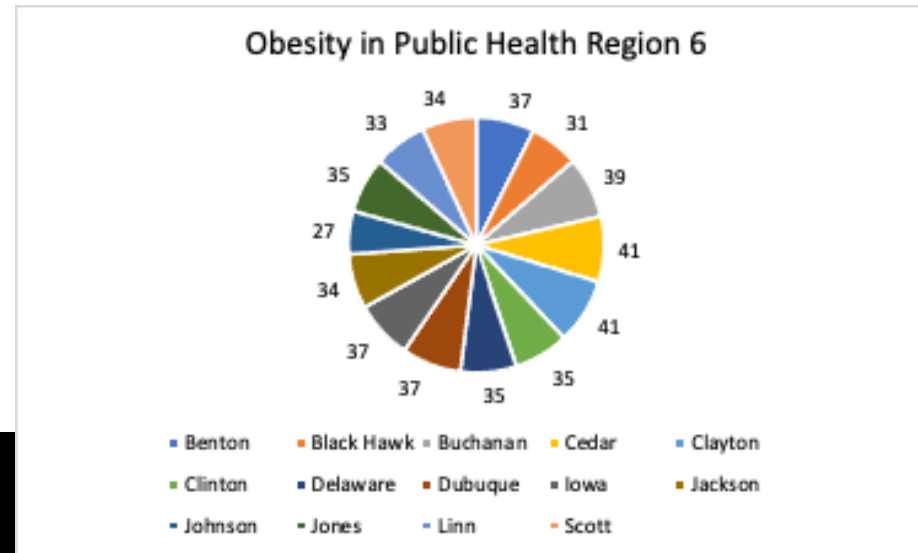
A



B



C



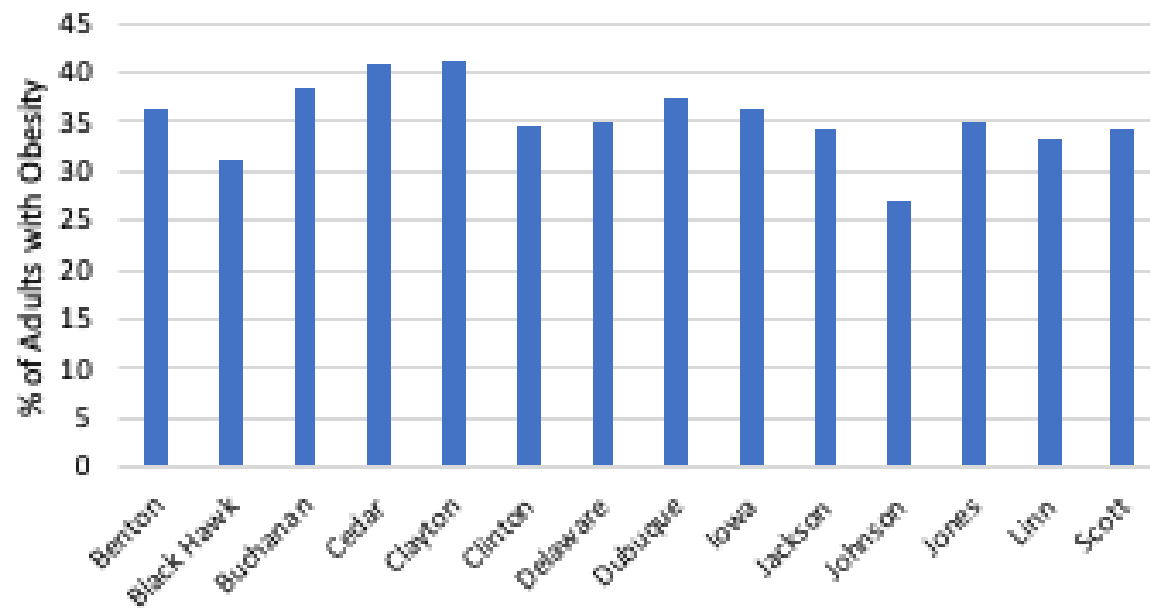
**IOWA**

<https://www.countyhealthrankings.org>

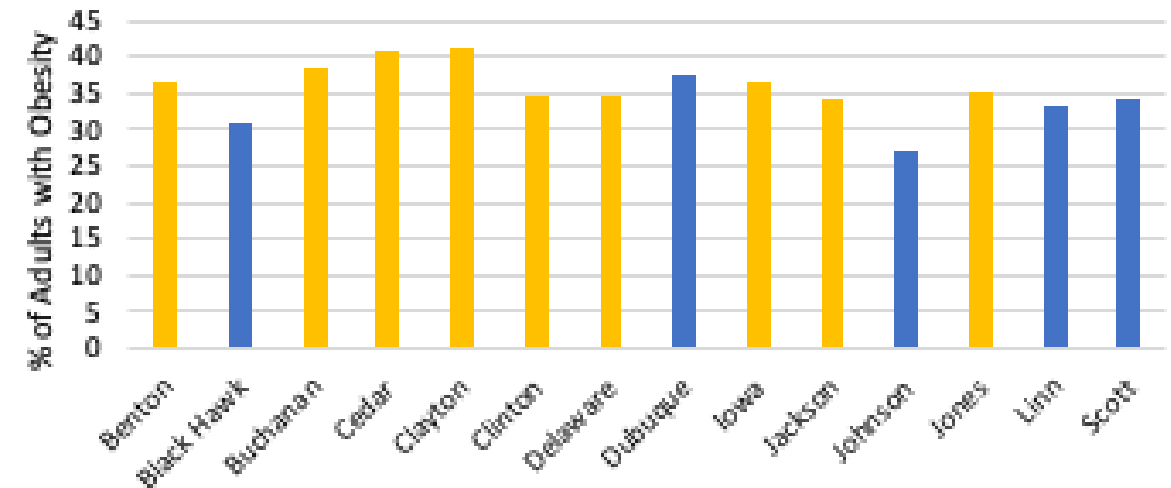


# Example – Obesity in Public Health Region 6

Obesity in Public Health Region 6

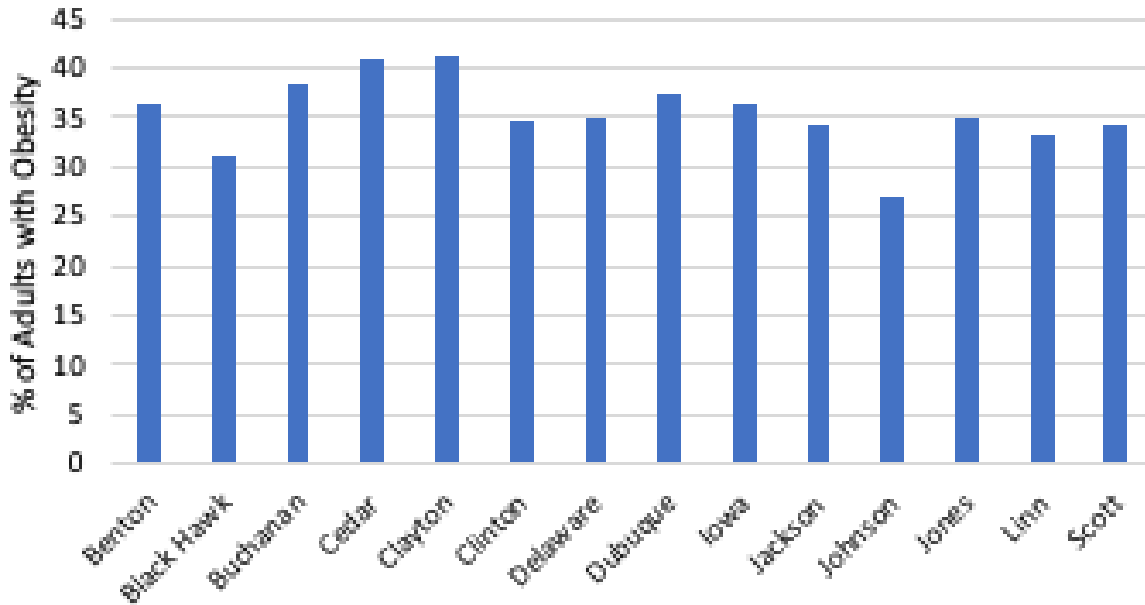


Metropolitan Counties With Population Over 250,000 Have Lower Prevalence of Obesity in Public Health Region 6

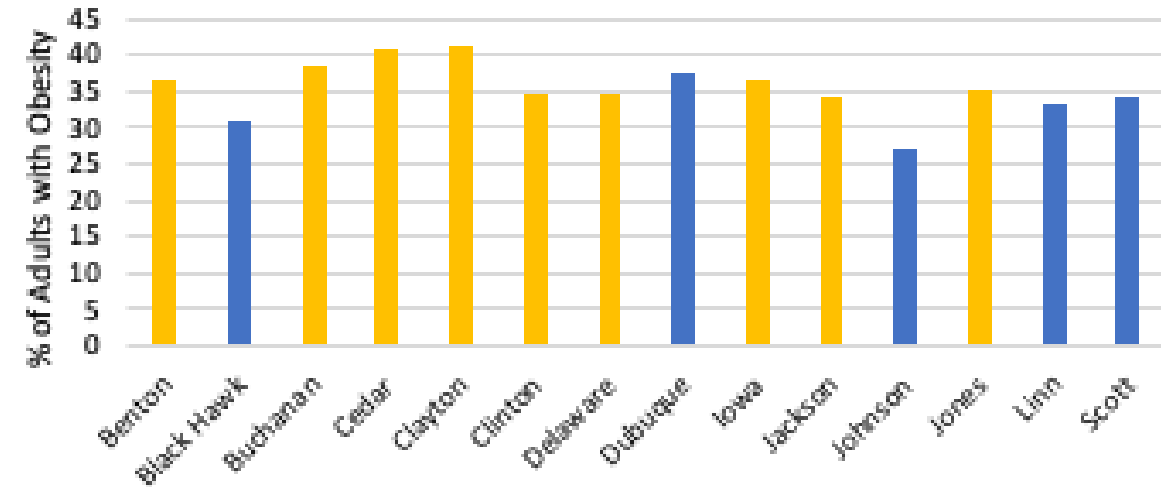


# Example – Obesity in Public Health Region 6

Obesity in Public Health Region 6



Metropolitan Counties With Population Over 250,000 Have Lower Prevalence of Obesity in Public Health Region 6



Source: <https://www.countyhealthrankings.org/app/iowa/2020/downloads>

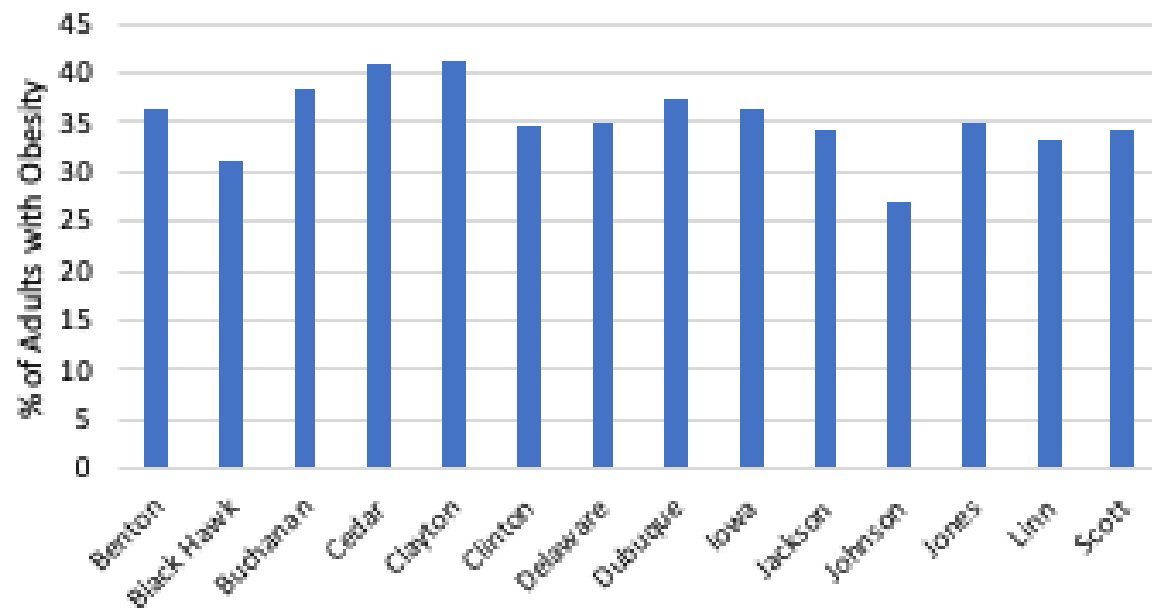
HP2030 Reduce the proportion of adults with obesity. Target 36.0%

**IOWA**

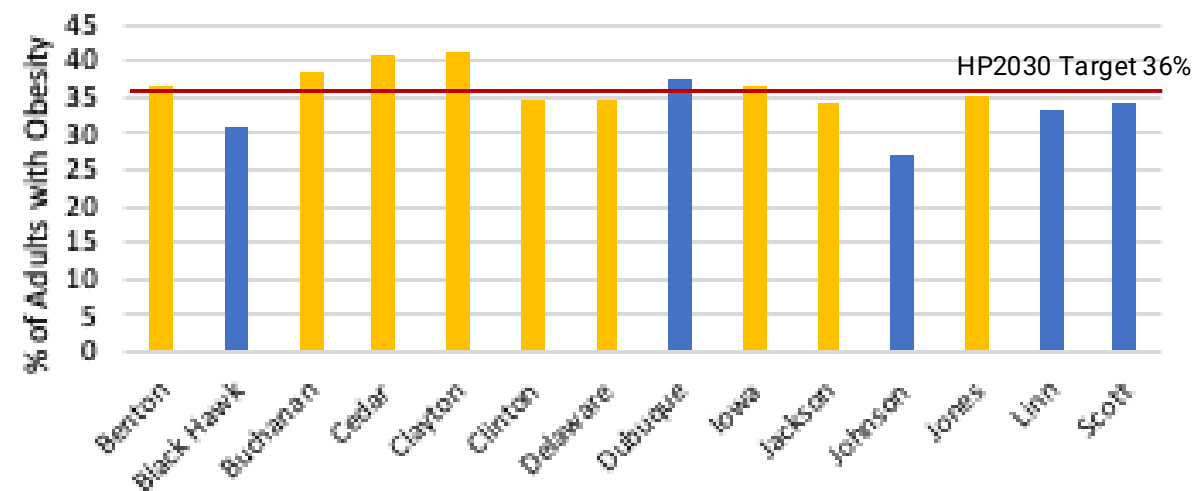


# Example – Obesity in Public Health Region 6

Obesity in Public Health Region 6



Metropolitan Counties With Population Over 250,000 Have Lower Prevalence of Obesity in Public Health Region 6



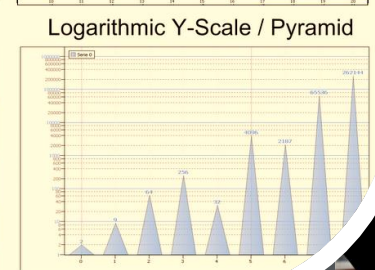
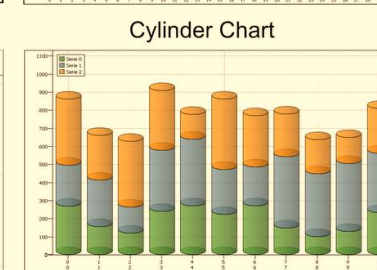
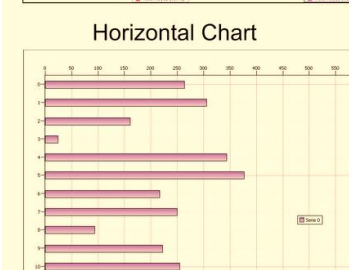
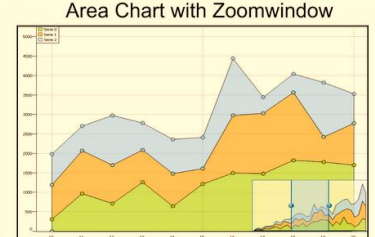
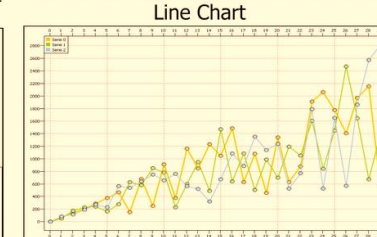
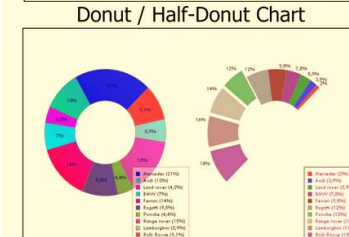
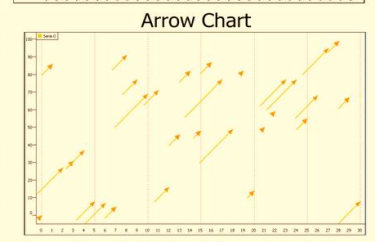
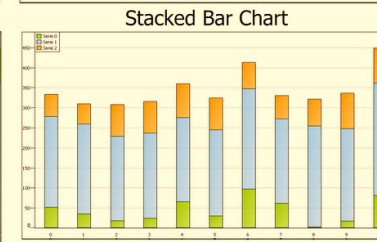
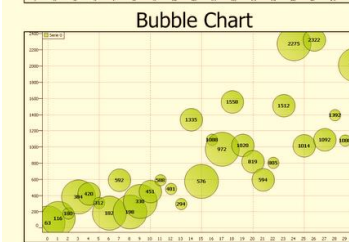
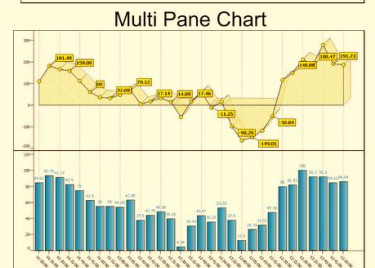
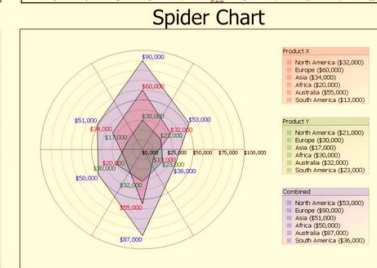
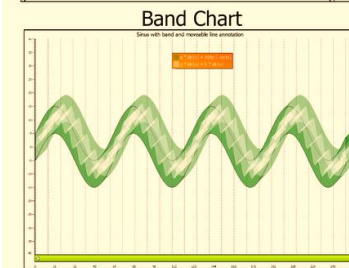
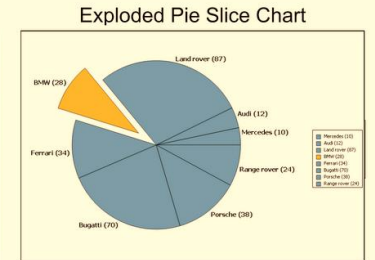
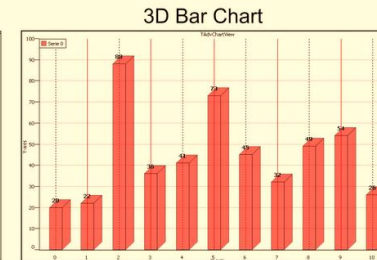
Source: <https://www.countyhealthrankings.org/app/iowa/2020/downloads>



# Small Group Activity #2

20 minutes

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# Now use the checklist to evaluate each other's work



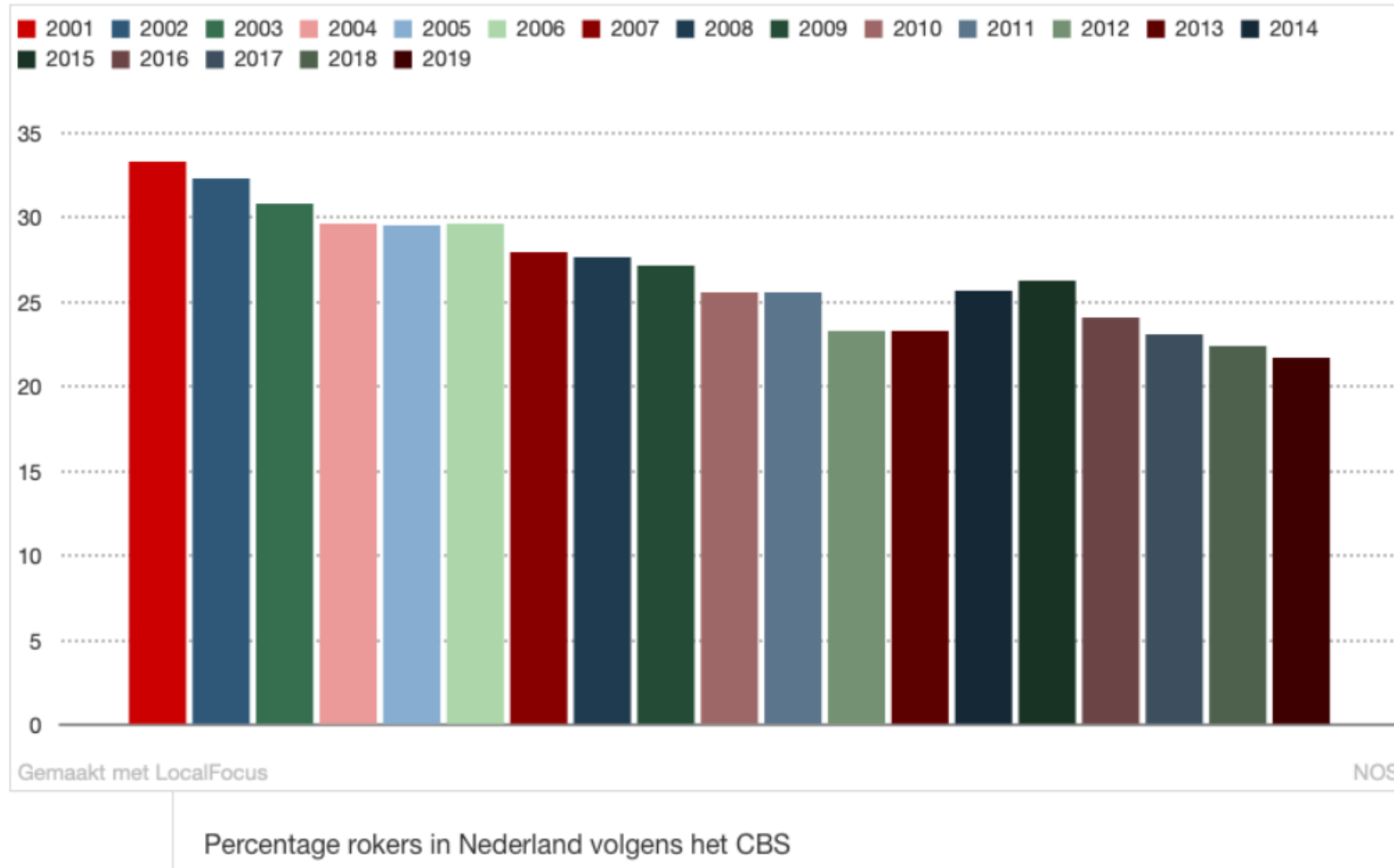
# DEBRIEF



- Anything that was new or WOW for you?
- Any common missteps?
- Anything that you can start using in your next data visualization?

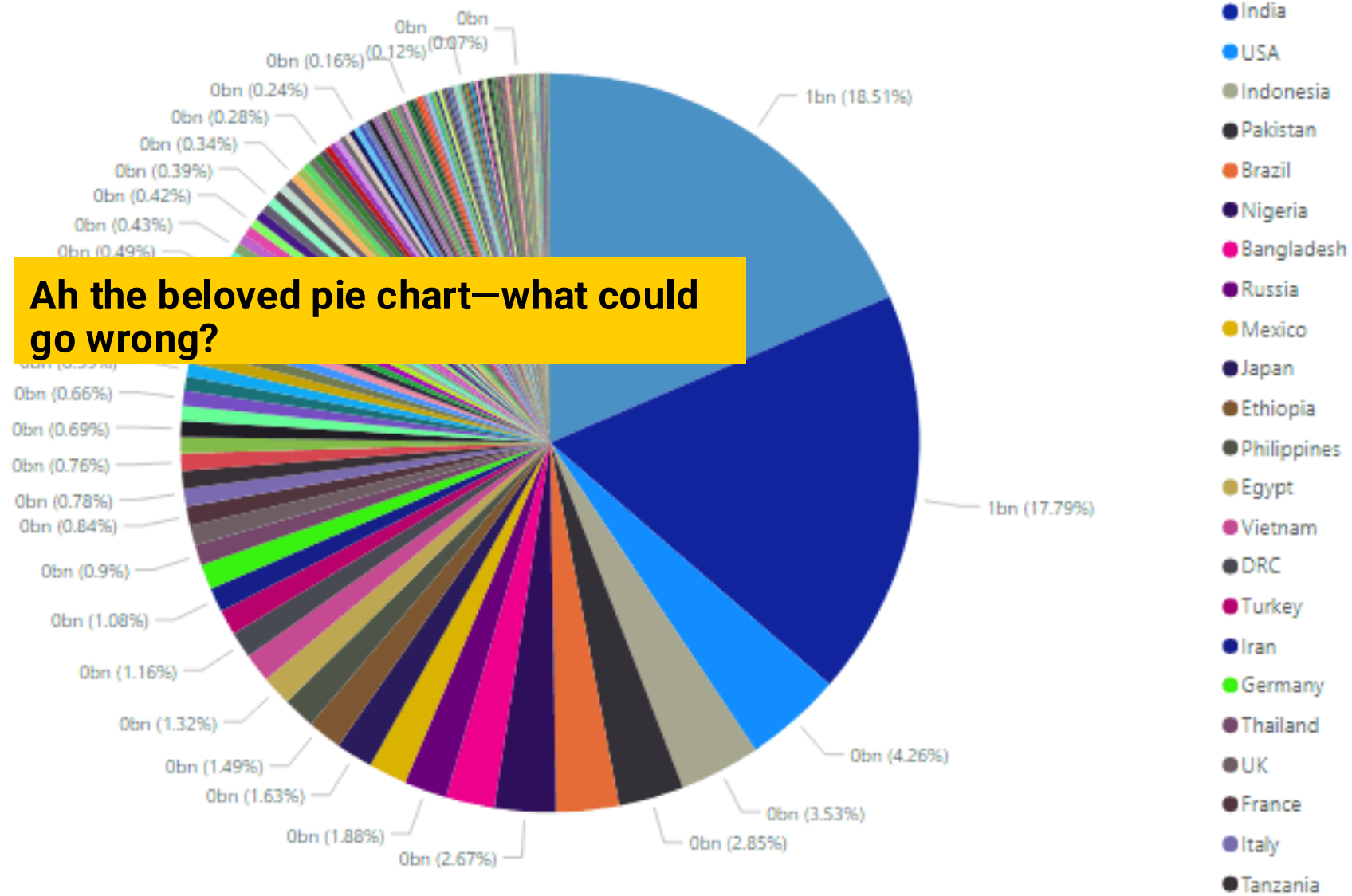
# Module 3

# Is this the right kind of chart?



Population by Country and Country

Ah the beloved pie chart—what could go wrong?





# Learning Objectives

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1. Evaluate key elements of an effective data visualization
2. Use EXCEL to create a data visualization for your specific question/data
3. Apply a variety of data visualization tools and resources to create audience specific msg



Once I have chosen the right chart to use—how do I actually make it?

<b>A single number (number of cases; prevalence rate; percentage)</b> Big number [1] Icon array [2] Pie chart Bar/column chart	<b>Comparison (showing disparities between groups; comparing county rates; showing differences between years)</b> Side-by-side column chart Slope graph [3] Back-to-back bar chart [4] Dot plot [5] Small multiples [6]
<b>Beating a benchmark (comparing your county to the state rate or to HP2020 objective)</b> Column chart with benchmark line [7] Combo chart [8]	<b>Survey results (this will depend on the type of question/response categories you are using)</b> Stacked bar chart Small multiples [6] Back-to-back bar chart [4] Bar/column chart Number and icon Pie chart
<b>Parts of a whole</b> Pie chart Stacked bar chart Histogram [9] Map	<b>Correlations (you want to visually show how two factors are related)</b> Scatterplot Diagram Don't visualize
<b>Change over time (comparing rates over time-one group or multiple groups)</b> Line chart Stacked column chart Deviating bar chart (akin to back-to-back) Slope graph [3] Dot plot	<b>Qualitative data</b> Word cloud Picture with text

Adapted from Evergreen, S. D. H. (2017). *Effective data visualization: The right chart for the right data.*



Pivot Charts

Excel

Tableau Public

**Resources to create charts, infographics, etc.**

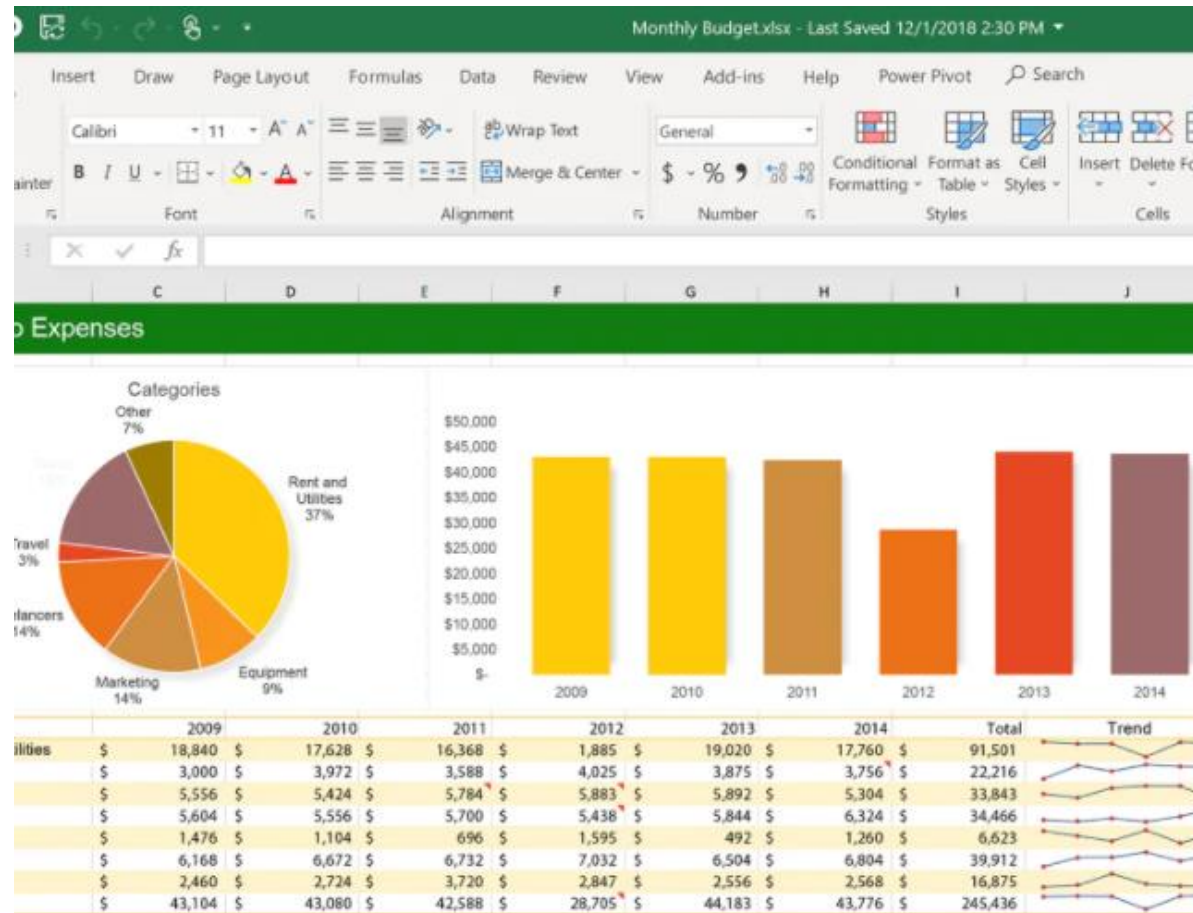
Icon Array

Infogr.am

Google Charts

Piktochart

# Why should we use Excel to make charts and graphs?



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# **The Excel Spreadsheet**



# Getting Started Making Charts in Excel

B5

fx

Sales

www.XelPlus.com

A B C D E F G H I J K L M N

1 Charts Basics

2

3 Monthly sales per App

4

5 Sales

6 Fightrr 102

7 Kryptis 119

8 Perino 300

9 Hackrr 89

10 WenCaL 226

11

12

13

0:01 / 14:09

Subscribe

#MsExcel

Excel Charts & Graphs: Learn the Basics for a Quick Start

[https://www.youtube.com/watch?v=DAU0qqh\\_I-A](https://www.youtube.com/watch?v=DAU0qqh_I-A)

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# And for other “road less taken” charts



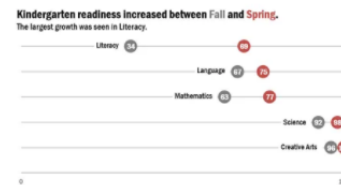
[Home](#) [About](#) [Workshops](#) [Design](#) [Blog](#) [Books](#) [Data Academy](#) [Contact](#) 

## Collection

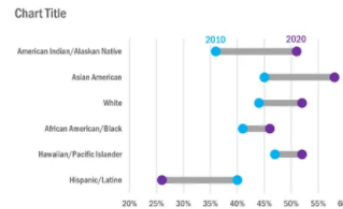
### How to Build Data Visualizations in Excel

When I show people a dot plot, the first thing they say is “Cool, but how do I make that?” and this page has all your answers. From time to time I publish blog posts with step-by-step directions on how to make amazing visualizations right inside Excel and I’ve collected those instructions for you right here.

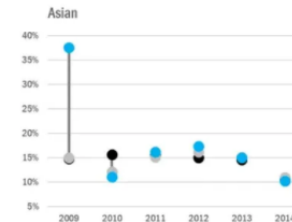
You’ll find more chart choices with updated instructions on how to make them – AND my Quantitative Chart Chooser – in my book, [Effective Data Visualization](#).



Dot Plot



Horizontal Dumbbells



Vertical Dumbbells

<https://stephanieevergreen.com/how-to/>

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# Building Impressive Charts



<https://www.youtube.com/watch?v=8g9DK5noi1s>

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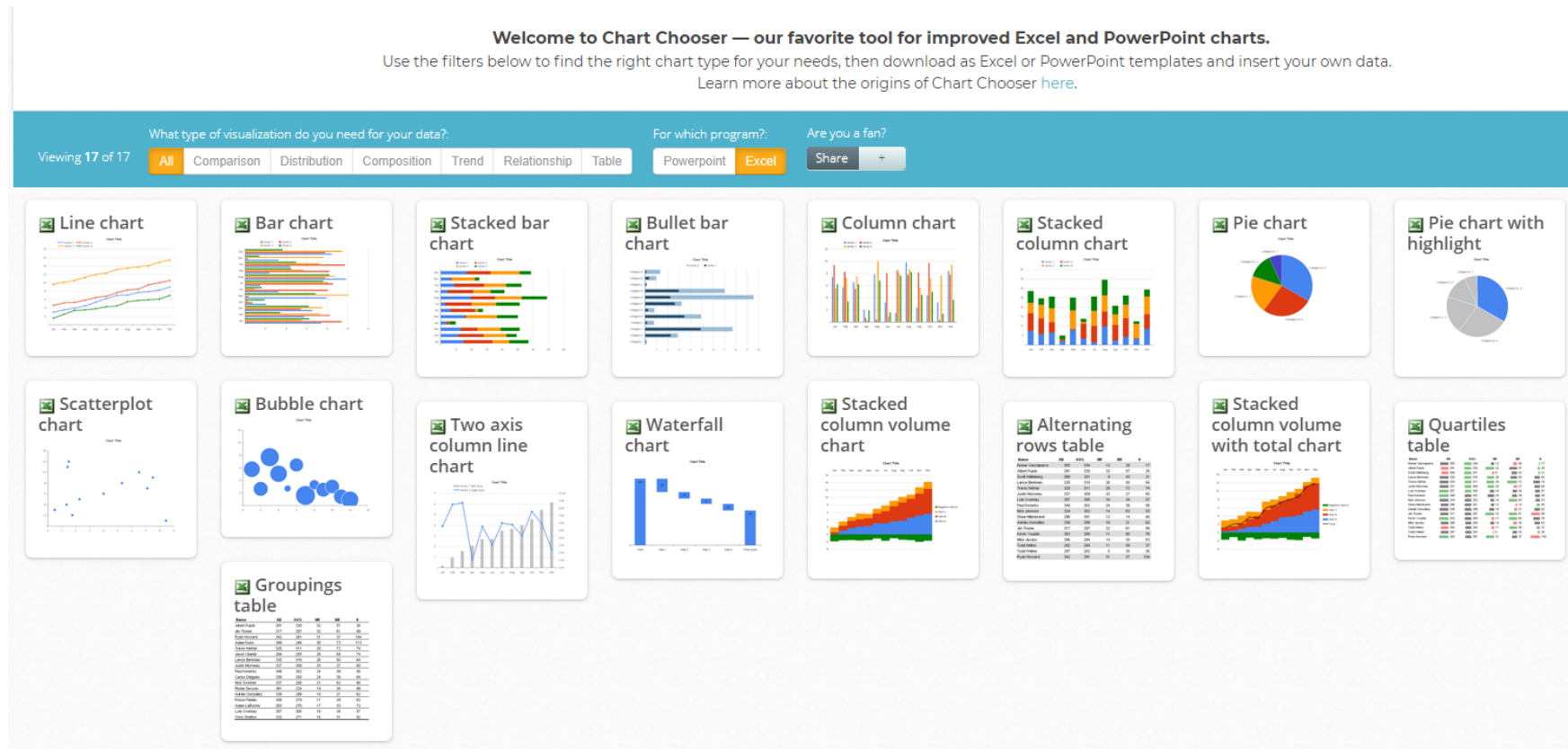
# For those who like written instructions to create charts in Excel

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<https://www.keynotesupport.com/excel-basics/excel-charts-beginners.shtml#type>



# And for those who like “point and click”



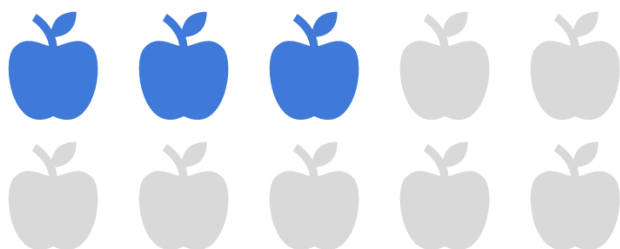
<http://labs.juiceanalytics.com/chartchooser/index.html>

# Icon Arrays

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**3 in 10**

students in our **district** qualify  
for free or reduced meals



**5 in 10**

students in our **school** qualify  
for free or reduced meals



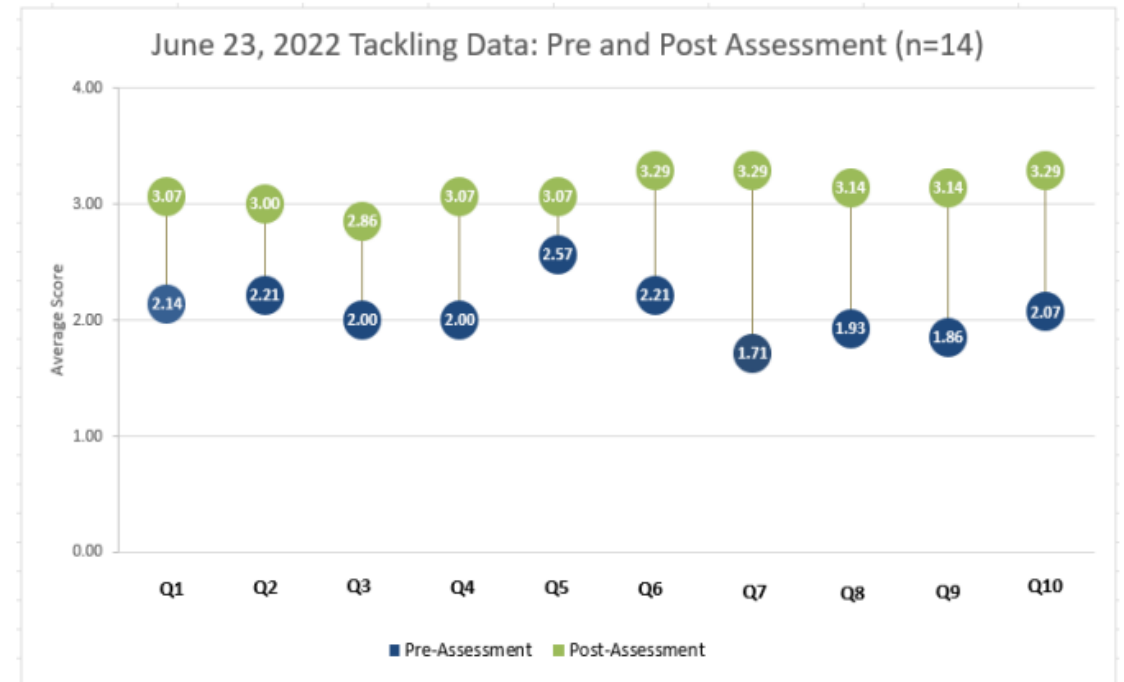
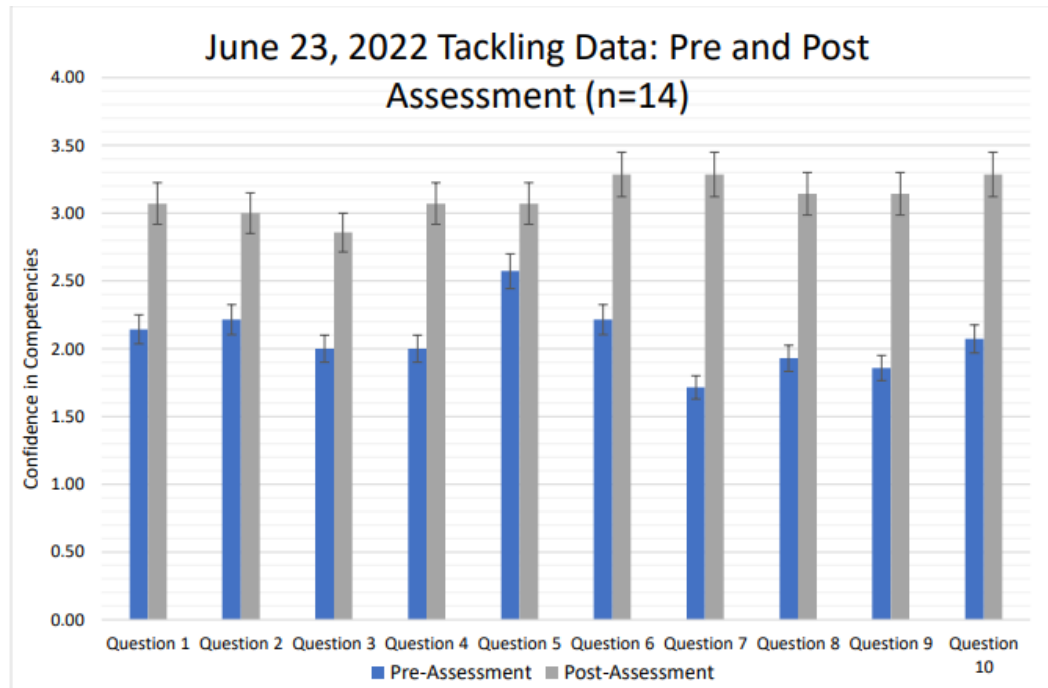
<http://www.iconarray.com/>

**OR** <https://stephanieevergreen.com/wp-content/uploads/2015/07/How-to-make-icon-arrays-in-excel.pdf>

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# Take your visualization to the next level



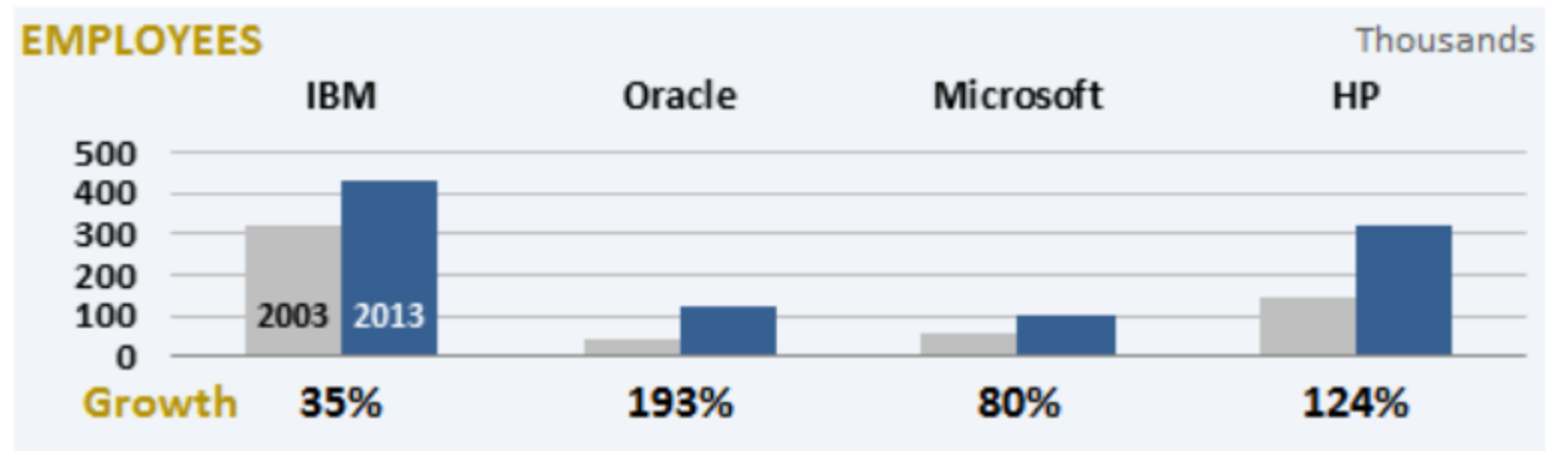


# The old KISS principle



The human brain is not good at comparing area.

But we are much better at comparing length.

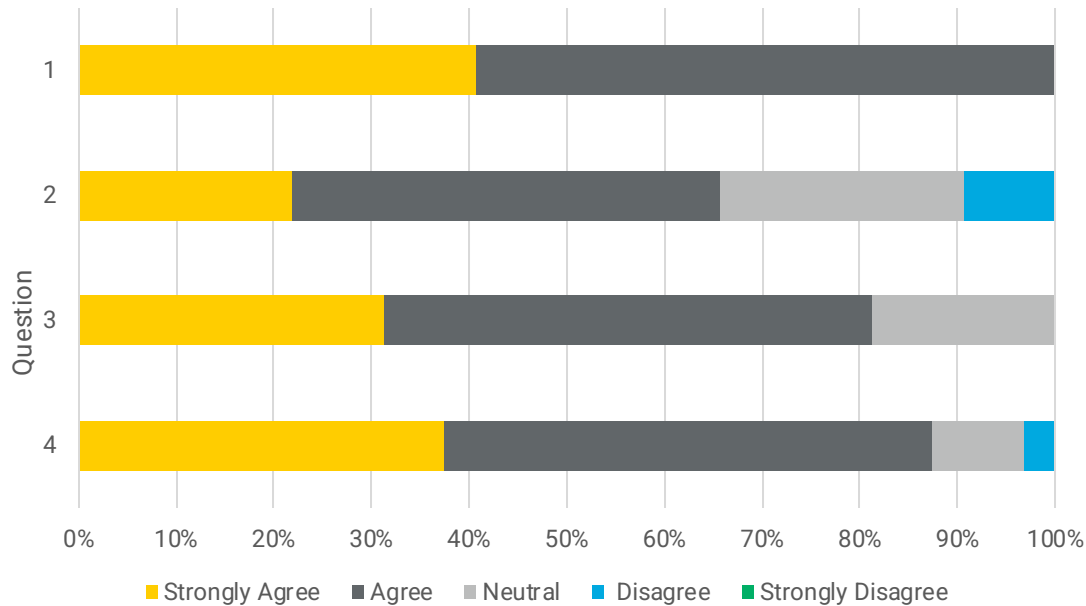


*An Excel column chart alternative to bad charts from the Wall Street Journal.*

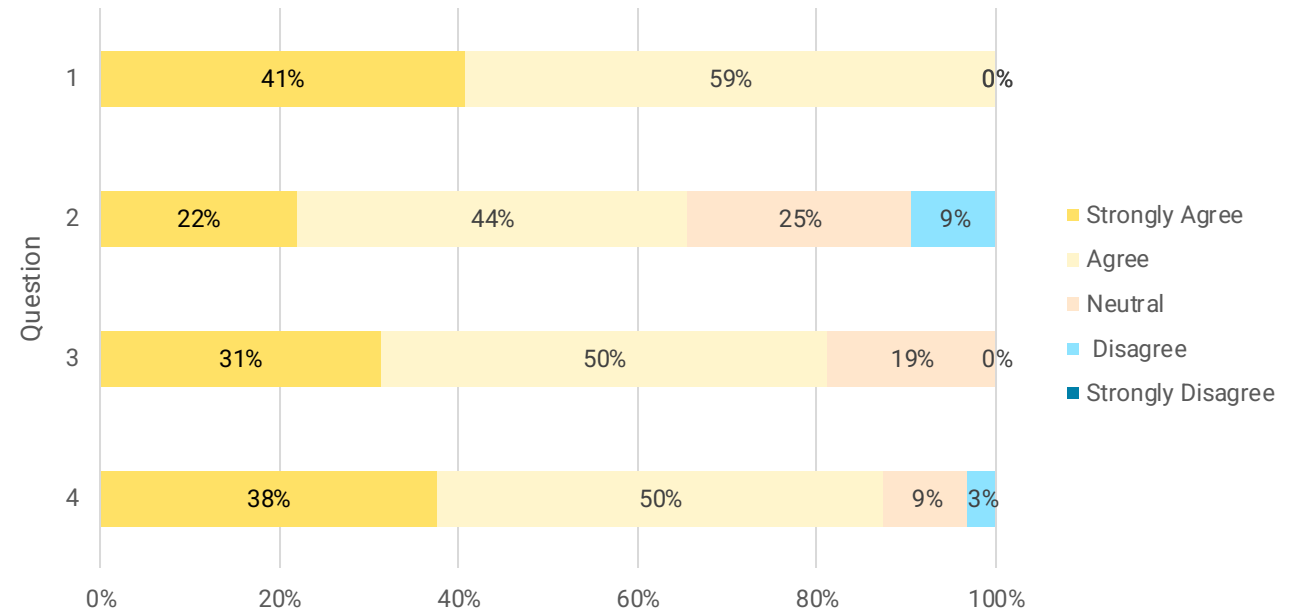


# Don't fall for defaults...

Overall Evaluation of Cohort Courses



Overall Evaluation of Cohort Courses



# Resources

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- Stephanie D.H. Evergreen, Effective Data Visualization, 2<sup>nd</sup> edition 2020
- Cole Nussbaumer Knafl, Storytelling with Data: a data visualization guide for business professionals, Wiley, 2015
- George Mason University Info Guide on Data Visualization <https://infoguides.gmu.edu/data-visualization/refine>
- Duke University Libraries Excel Chart Recipe Book <https://guides.library.duke.edu/excel/visualization>
- Excel Campus <https://www.excelcampus.com/>



**Questions?**



# Homework Assignment: Create Visualization

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Using the feedback that you received from group members on the rough sketch of your data visualization as well as the tools you learned about in module 3, **create your data visualization**

You will share your visualization with your breakout group during live learning session 4 and will later have the opportunity to receive feedback from course instructors.



**IOWA**

**Thank you!**

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