

# Lowering Your Child's Blood Lead Level



Lead poisoning can permanently affect a child's growth, behavior and ability to learn.



Lead is a harmful metal found in paint made before 1978, pipes, soil, cooking spices and imported goods.



To protect your family from lead

- Clean stuffed animals, toys and clothes
- Remove shoes before entering the home
- Wash hands after playing and before bed
- Serve food high in iron, calcium & vitamin C



Test your child for lead by contacting your healthcare provider or your local public health department.



Scan the QR code to watch the video!

