



Business Leadership Network

CONVERSATION CAFÉ: **Alcohol Recovery without Treatment**

Join us for a community conversation with Paul Gilbert, assistant professor at the UI College of Public Health, on the possibilities of overcoming alcohol addiction without formal treatment. Engage in conversation about what recovery means to people and the reason some change their alcohol use.

Wednesday, October 11th

9-10 AM

Garrison Coffee House

106 N 16th St, Clarinda

Free and open to the public

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**College of
Public Health**

www.public-health.uiowa.edu