

Sofie Dollison

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EDUCATION & CERTIFICATION

The University of Iowa College of Public Health, Iowa City, IA 52245
Master of Public Health with Concentration in Community and Behavioral Health Spring 2022

B.S. Public Health with Honors and Highest Distinction, Nonprofit Management Certificate December 2020

National Commission for Health Education Credentialing
Certified Health Education Specialist Spring 2022 – Present

PROFESSIONAL EXPERIENCE

University of Iowa Institute for Public Health Practice, Research and Policy, Iowa City, IA 52245
Research Associate & Program Coordinator April 2025 – Present

- Managed the Iowa Public Health AmeriCorps program, supervising 12 members and ensuring the successful completion of 5,500 service hours housed within six different host sites during the 2025-26 academic year.
- Redesigned key AmeriCorps operational systems, including orientation and onboarding, service term planning, and timesheet submission, resulting in higher service term completion and grant funding reimbursement.
- Continued managing the evaluation of a rural health pilot program with multi-disciplinary statewide partners focusing on partner relations, data collection methods, formative data analysis, and results communication.

Program Coordinator April 2024 – March 2025

- Contributed to detailing the evaluation plan for a new rural wealth and health development model created by a multidisciplinary coalition of state leaders from private, governmental, and non-profit sectors.
- Designed six interview guides, conducted 30 interviews, developed multiple reflection and network surveys, and documented key insights through field notes at community and internal meetings for diverse stakeholder groups.
- Analyzed initial data to produce formative evaluation findings following each major community meeting during the rural wealth project.

Project Coordinator May 2022 – March 2024

- Led the design, development, and execution of three annual evaluations for a statewide program to test lead in drinking water, organizing a team of three individuals to employ mixed-methods research assessing all program components.
- Managed a team of four to design and facilitate focus groups and conduct comprehensive qualitative analysis to uncover insights on childhood lead poisoning prevention from the perspective of parents/guardians and housing officials for Iowa HHS.
- Wrote, animated, and edited five infectious disease education videos in collaboration with a UIHC physician and developed ten corresponding posters with feedback from focus groups to be distributed statewide by Iowa HHS.

Healthy LifeStars Assistant Program Coordinator June 2019 – May 2022

- Developed an online, interactive family centered health education intervention through adaptation of classroom centered programming and collaborated with pediatricians across multiple networks for implementation.
- Led short and long term program adaptations to COVID-19 from concept to execution.
- Produced 10 video lessons to replace on-site programming and managed a team of four to create 20 additional videos.
- Collaborated with fellow National Planning Committee members to enhance program curriculum.

Administrative Intern January 2019 – May 2019

- Created a policy and procedure manual for the entirety of the Healthy LifeStars program that will be used nationwide.
- Developed and executed the promotional strategy to increase donations and participation in fundraising events.
- Delivered the childhood obesity prevention intervention in an afterschool setting as the Head Coach weekly.

Environmental Health Sciences Research Center, University of Iowa, Iowa City, IA 52245
Community Engagement Core Graduate Research Assistant January 2022 – May 2022

- Executed six educational events in rural communities by utilizing interpersonal communication, prioritization, and project planning skills to partner with community stakeholders and coordinate academic speakers.
- Managed the distribution and analysis of evaluation surveys to improve the quality of educational outreach events.

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LEADERSHIP & INVOLVEMENT

Walk With You Nonprofit, Johnston, IA 50131

Board of Directors President

August 2023 – December 2025

- Spearheaded the redesign of quarterly financial reports by incorporating adult learning strategies, increasing clarity and decision-making effectiveness without unnecessary complexity.
- Built a culture of open communication by creating multiple, accessible feedback channels for board members to comfortably share concerns.
- Optimized quarterly board meetings by aligning member strengths, fostering meaningful collaboration, and maintaining a clear focus on mission alignment.
- Streamlined and standardized the board application and election process to increase consistency and transparency while improving clarity, efficiency, and fairness.

Board of Directors Vice President

August 2022 – August 2024

- Established a strategic approach to board recruitment by defining desired competencies and experience to strengthen board effectiveness.
- Provided operational and strategic support to nonprofit leadership during the startup and early growth phase.

University of Iowa College of Public Health, Iowa City, IA

Global Public Health Case Competition Planning Committee

2024, 2025, and 2026

- Lead writer for the Global Health Case Competition, synthesizing complex health and social issues into a cohesive case narrative and call to action.
- Served on the case competition planning committee, helping host the event and implement improvements to enhance participant experience and competition quality.

Global Public Health Case Competition Participant

Spring 2020, November 2020, and November 2021

- Placed three times, achieving first place twice, in the university wide interdisciplinary competition with proposed solutions that focus on system wide collaborative interventions to enact change.
- Developed and presented a multi-faceted, cost-effective intervention that would leverage community leaders and create community cohesion to prevent and improve outcomes of chronic conditions in Chiapas, Mexico, address racism in Romania, and improve mental health in Makoko, Nigeria.

Public Health Conference of Iowa

Presenter

April 2020, 2025, and 2026

- Delivered presentations on evaluation research and the AmeriCorps program implementation which addresses student opportunity gaps and Iowa's workforce shortages in Spring of 2026.
- Delivered research presentations for two projects, highlighting a rural wealth initiative with Wellmark and lead-focused community research conducted with Iowa HHS in Spring of 2025.
- Presented a childhood obesity intervention emphasizing nutrition and goal setting education in Spring of 2020.

Center for Disabilities and Development – University of Iowa Hospitals and Clinics, Iowa City, IA 52242

Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Graduate Trainee

August 2021-May 2022

- Gained knowledge in policy and advocacy, culturally competent care, family centered care, meeting the needs of underserved populations, and creating coordinated healthcare and related service systems.
- Conducted a research project to better understand the association between professor assumptions and student disability/accommodation types.
- Developed, distributed, and analyzed results from a randomized quantitative survey using vignettes to assess stigma.

TECHNICAL SKILLS

Windows Applications: OneDrive, Teams, SharePoint, PowerPoint, Word, and Excel

Web Design: WordPress

Content Creation: Canva and Powtoon

Online Learning Systems: Thinkific

Virtual Meeting Platforms: Zoom and Teams

Governmental Systems: eGrants